

GRAAL ADVENTURE RACE RULES

5th edition - 10 septembre 2022

Vallorbe

Article 1. Organisations

The GRAAL is an adventure race organised by the Wapiho association based *Chemin des Retraites 4, 1004 Lausanne, Suisse*.

The three categories of events will take place on one day, Saturday, September 10, 2022. Competitors agree to abide by these rules and regulations by the mere fact of their registration, to respect the highway code, the environment, the private/public property crossed as well as other users and participants. Another race is organised on same day (InterGRAALactic). This format will be the swiss set of the [European ARWS Regional Series](#).

Article 2. Global program of the day

Categories:

3 race formats of varying length and difficulty are offered to participants: GRAALopin, intéGRAAL et le GRAALmageddon.

Reception, bibs withdrawals, Mountain bike deposit for all categories :

Race centre : Collège des 3 Vallons, Rue de France 3, 1337, Vallorbe.

Race numbers can be picked up on Friday, September 9 from 6:30 pm to 8:30 pm, and on Saturday, September 10 from 6:30 am to 30 minutes before the start, depending on the category. Competitors are encouraged to use public transports to get to the race center, which is a 10-minute walk from the Vallorbe train station.

Departure and finish :

Start: From the race center. Time of departure will be on the website and sent by mail before the race (<https://www.wapiho.ch/en/>)

Finish: On Saturday afternoon.

Article 3. Teams

Each team is made up of two people (men, women or mixed) who are inseparable throughout the event. The minimum age to participate in the event is 9 years old for the GRAALopin, 14 years old for the intéGRAAL and 16 years old for the GRAALmageddon ([parental authorisation required for minors](#), downloadable from the [website](#)). Each team member must have an individual civil liability and accident insurance. Throughout the course, each team is responsible for its electronic finger and the documents provided.

Article 4. Race progress

Principle

Teams of two will complete the course following the race map given at the start. Unless instructions are given by organizers, the race is all in orientation; there is no signage. At the start, each team checks that maps correspond to their event category (GRAALopin, intéGRAAL or GRAALmageddon). Along the course, compulsory checkpoints must be validated using the finger stick or SI card, with both members. Surprise events allow you to earn time bonus on the final timing.

General process

- Routes are revealed on D Day
- Departure time varies depending on the event category (times will be specified on website and in the last email sent to all contestants). A briefing session will take place 10 minutes before the official departure time. The presence of all teams at the briefing is mandatory.
- Pointing along the course at each passage control (control flags).
- Sports disciplines likely to be offered: mountain biking, running, orienteering, aquatic event, Bike and Run, and surprises.
- Time penalties may be applied at the discretion of the organizer for non-compliance with safety instructions (e.g. prohibited routes taken), or for non-validation of a checkpoint (beacon).

- Arrival between 12 noon and 5PM (depending on the category) and timing equipment restitution.

Water activities

Wearing life jackets (fastened) provided by the organizer is mandatory. The organizer declines all responsibility in the event of capsizing. By participating, competitors certify they can immerse themselves and know how to swim.

Surprise activities

Contestants must follow volunteers' guidelines.

Article 5. Commitment and registration

Registration can only be done online from the event's [website](#) or directly on our partner MSO Chrono website, before August 28, 2022.

Montant de l'inscription :

- **GRAALopin:** 90 CHF per team (*60 teams max*)
- **inteGRAAL:** 110 CHF per team (*60 teams max*)
- **GRAALmageddon:** 130 CHF per team (*30 teams max*)

When picking up the bibs, all minors must have parental authorization dated and signed by a legal representative. Registration fee includes: maps, a souvenir gift, at least one supply along the course, rental of aquatic activity equipment, as well as for surprise activities, supervised by Samaritans and access to showers and post-race supplies.

Registration involves acceptance of rules and registration fee payment. Any incomplete commitment may be considered null and not be retained.

Article 6. Mandatory equipment

A list of mandatory, recommended and prohibited equipment will be published by the organizer on the event's website (www.raid-aventure.ch), and will be sent to registered teams in an email the week before the race.

Wearing a bicycle helmet is **mandatory** throughout the course, and each participant must be in possession of the compulsory equipment at all times, under penalty of disqualification. Controls may be carried out on the course.

Article 7. Security

The organizers reserve the right to stop teams which cannot continue the event under safety conditions (too much delayed, weather conditions, tiredness, ...) and to modify the route or activities in the event of bad weather or for reasons beyond their control.

Security on the event is provided by a team of Samaritans and volunteers. The organization has taken out an insurance contract guaranteeing its Civil Liability as organizer and that of its employees.

Competitors agree to comply with the safety instructions issued by the organizers and/or volunteers. In order to ensure their safety, the participating teams undertake to respect highway code rules on portions of the course which pass by roads/paths open to traffic.

Article 8. Obligations, penalties and resignation

The two partners of the same team must stay together throughout the course. They must always be close to each other, with a maximum distance of 50m between them. Any violation of this rule exposes the teams to a penalty at the discretion of the organizer. Teams will only be able to take authorized portions on provided maps. Failure to respect the areas identified as "prohibited" may lead to disqualification.

In the case of injury to a competitor, prevention and assistance to the injured person is mandatory. The injured should not be left alone. Competitors who leave the course do so under their entire responsibility.

Penalties or disqualification can occur in case of:

- Loss of bib
- not wearing a bicycle helmet tied to the head
- Use of prohibited portion
- Failure to present compulsory equipment in case of control
- separation of the two team members

- Non-respect of the safety instructions (traffic rules, not wearing a life jacket...), of the environment (litter thrown in the nature, degradation of the sites...) and of the organization's instructions (forbidden areas...)

Any abandonment, voluntary or occurring because of an injury, must be reported to the Organization by phone (emergency phone number provided when collecting bibs), or directly at the race center or at a checkpoint.

Article 9. Environment

The race aims to be as environmentally friendly as possible. Failure to comply with the rules of respecting the environment may result in immediate disqualification. There will be no cups provided for supplies, each team is responsible for having a container (ideally eco-cup) for their supply during the race and at the finish.

Article 10. Cancellation

Withdrawal declarations must be announced by email sent to MSO-Chrono and the organizers (wapihorun@gmail.com).

Teams will deal with the MSO-chrono platform for any cancellations. A refund can be requested only if the "insurance" option was chosen when registering with MSO-Chrono (see MSO-Chrono regulations). In the need to replace one of the competitors before the race starts, the new contestant must fill in a registration form and provide the Organization with all the information normally required for registration.

Article 11. Ranking

A ranking is made for the three categories, taking into account the time penalties/bonuses. Any complaint concerning the race must be given in writing and sent to the organizer within 30 minutes after the team's arrival. As the Sport-Ident (SI) electronic timing system is considered reliable, no protest will be accepted in case of non-scoring. The loss of the electronic finger can lead to a downgrading.

Article 12. Equipment's loss or damage

All the equipment lent or rented by the Organization and its partners (E-finger, kayak, life jacket, paddle, map holder, mountain bike ...) must be, in case of damage during the raid, brought back to the place of departure or to a transition area. Depending on the extent of the damage, the organizer reserves the right to invoice the competitor for repairs. Each person is responsible for his or her equipment; in case of loss or theft, the Organization cannot be held responsible.

Article 13. Image rights

Participation in the GRAAL implies the renunciation of the image rights relative to this event, as well as the renunciation of any recourse against the organization and its partners. In accordance with the law n° 78-17 "informatique et liberté" of January 6, 1978, you have a right of access (art.34 to 38) and of suppression (art.26) of personal data. To exercise this right, simply contact the organization or its partners. Similarly, at any time you can ask not to receive their e-mails.

L'organisation Wapiho

Lausanne le 1^{er} mars 2022

