



TERMS AND CONDITIONS FOR THE « GRAAL » 4th edition - 11 September 2021 La Berra

Art 1. Organisation

'Grand Raid Aventure de l'Arc Lémanique' (GRAAL) is a multisport adventure race organized by the association Wapiho.

Our address : p.a. Jérôme Wassef, chemin des Retraites 4, 1004 Lausanne, Suisse.

All races of the three categories will take place on the same day, Saturday 11th September 2018. The participant acknowledges that she/he has read and agrees entirely to the terms and conditions set out herein by registering as a participant to the event. At all times, the participant must comply with all road safety rules, respect the environment, respect public and private properties visited during the race and other users.

Art 2. Schedule and activities

Categories :

There are three different categories offered (with increasing difficulty): the GRAALopin, the intéGRAAL and the GRAALmageddon.

Welcome, bib collection and Mountain Bike drop-off for the three categories:

Race HQ location: Télémixte TSCD Le Brand - La Berra, 1634 La Roche.

Bibs can be collected on Saturday 11th September 2021 from 6.30 am until 30 minutes maximum before the race starts, depending on the category. Bibs can also be collected on Friday 10th September 2018 from 6 to 8 pm at the same place. The participants are encouraged to use public transport to travel to Race HQ.

Start and finish

All races will start at Race HQ (Télémixte TSCD Le Brand - La Berra (1634 La Roche)). The departure times will be communicated on the GRAAL website (<u>www.raid-aventure.ch</u>) and in the email sent to all participants prior to race day.

Finish: Saturday afternoon.

Art 3. Teams

Each team is composed of two competitors (female, male, or mixed) who must stay together during the race.. Minimum age to compete is 9 years old for GRAALopin, and 16 years old for the inteGRAAL and the GRAALmageddon (<u>parental permission required</u>). Each member of the team must have her/his own third-party liability insurance and accident insurance, both up-to-date and in effect. Throughout the course of the competition, each team is responsible for its stick finger and supplied documents.

Art 4. Sequence of disciplines and activities

Format

Teams will be attempting multiple legs of alternative race disciplines (departure and finish at the same location) following the race map supplied at the start of the race. Subject to exceptions, the race will be based on orientation (no road markings). Topographical maps will be supplied at the start of the race with a description of all checkpoints/controls. Each team will check that it has been given the correct map corresponding to the subscribed race category (GRAALopin, inteGRAAL or GRAALmageddon). Along the race, checkpoints/controls must be visited and manually or electronically punched in the proper order with the provided stick finger or puncher provided. Both team members must be present at each and every checkpoint/control. Surprise activities are offered at different checkpoints along the race to win time bonuses for the overall race timing.

Schedule

- Route details shall only be revealed on the day of the race
- Departure will take place between 8 and 11 am (depending on the category), at which point the timer will be started
- Checkpoints/controls must be punched on the flags along the course of the race.



- Sports disciplines: mountain biking, running, orientation race (orienteering), aquatic activity, Bike and Run and surprise activities.
- Time bonuses for completion of surprise activities.
- Time penalties for failure to respect security regulations (e.g. use of forbidden roads, etc.) or for not visiting and punching a checkpoint/control.
- Finish at the same location as the start between 12 and 5 pm, depending on category. Return stick finger/puncher and other hired equipment.

Aquatic activity

Wearing fastened life jackets is mandatory. The lifejackets will be supplied by the organizer. The organizer disclaims all responsibility for any capsizing. By registering for the competition, the competitor warrants and guaranties that she or he has sufficient swimming competence and can be immersed in water.

Surprise activities

Please follow all indications given by volunteers at each activity checkpoint.

Art 5. Registrations

Registration exclusively on the internet on the event website (<u>www.raid-aventure.ch</u>), or on our partner website <u>MSO</u> Chrono, before the 29th August 2021.

Registration fees :

- **GRAALopin** : 90 CHF per team (60 teams maximum)
- inteGRAAL : 110 CHF per team (60 teams maximum)
- **GRAALmageddon** : 130 CHF per team (*30 teams maximum*)

All children under 18 years old will have to present a parental permission at the bib collection.

Registrations will be accepted by order of submission.

Registration fees includes: the right to participate to the event (maps for each category), souvenir price, access to fluid aid stations along the race course (minimum one station), equipment rental and other gear required for aquatic and surprise activities, access to medical aid, access to showers and a fluid and nutrition station at the finish.

By registering, each competitor acknowledges that she or he has read and agrees to all terms and conditions of entry set out herein. Any incomplete agreement and/or reserve to any clauses herein will be considered null and void.

Art 6. Mandatory equipment list

All competitors must wear a helmet throughout the race course.

Below is the list of mandatory equipment items to be carried by competitors at all times on the course. Disqualification will apply for teams that are found not carrying an item of mandatory equipment.

Mandatory equipment list

- For each team member :
- mountain bike (electric mountain bike not allowed)
- mountain bike helmet
- whistle
- emergency space blanket
- eco-cup for fluid stations
- bowl/plate/eco-cup for food stations

Per team:

- small drink and food supplies
- fully charged mobile phone in case of emergency

Advised equipment list:

- waterproof map wallet for mountain bike





- compass
- bike repair tools and spare parts
- waterproof / windproof jacket
- small first aid kit (bandages, sterile compresses, antiseptic, plasters)

Prohibited items:

- Any form of GPS with integrated maps

Supplied items:

- An electronic stick finger (SI) and/or check card for timing and checkpoints validation throughout the race course. They must be returned as soon as the finish line is crossed (a penalty of CHG 100 shall be applied if the stick finger is not returned)
- Aquatic equipment will be provided if there is an aquatic activity
- Race documents: map and race description
- Map wallets are available from the organizer against a guarantee (ID card) and a rent fee. Depending on availability. First come, first served principle.

Art 7. Security

The organizer reserves the right to stop any team which could not continue the race in reasonable safety conditions (important delay, weather, tiredness, ...) and to modify the race course or the activities and disciplines in case of bad weather or for any circumstances beyond its control. The organizer has full leeway in this matter and no refund of registration fee or other payment will be offered.

The event's security is managed by volunteers and a first-aider team. The organizer has signed a third party liability contract.

Art 8. Obligations, penalties and dropping out

The two team members must stay together at all times during the race and only use authorized segments on supplied maps. Specifically, the two team members must be together when validating a check/control point and during the rest of the race, they must be minimum at 50 m from each other. The team must abide by general safety instructions and road safety rules at all times.

In the event of an injury, prevention and first aid care to the injured is mandatory. The injured competitor must not be left alone.

Competitors who leave the race course do so under their full and personal responsibility.

Penalties (or disqualification) will result from:

- bib loss
- not wearing a helmet
- use of forbidden section notified on maps
- not presenting mandatory equipment in case of a control
- team split
- noncompliance with safety instructions (road safety rules, ...), the environment (littering, vandalism) and all instructions from the organizer (forbidden segments, ...)

Competitors who wish to drop out of the race, voluntarily or following an injury, must inform the organizer by using the emergency number, directly at Race HQ or at a control/checkpoint. The emergency number will be communicated at bib collection. No reimbursement of registration fee will be offered.

Art 9. Environnement

The race is based on the respect of the environment at all times. Noncompliance with the rules will lead to immediate disqualification.

There will be no cups or glasses available at the fluid stations. Each team is responsible to carry their supplied eco-cup to drink during the race and at the finish station.





Art 10. Annulation

Entry cancellation must be announced by registered mail to the organizer headquarter:

- reimbursement can only be requested if the 'insurance' option was chosen and checked at registration with MSO and following MSO general conditions of insurance – it must be directed to MSO;
- in case of replacing a withdrawing team member before the start of the race, the new team member will have to register by the organizer and provide all required information for registration the new team member will also need to meet all the requirements necessary for registration.

Art 11. Scoring and results

Scoring is done for each of the three race categories, taking into account time penalties and/or bonuses. Any complaint regarding the race must be done in writing to the organizer within 30 minutes after the team finishes. Sport-Ident (SI) timing system is considered reliable and no complaint will be accepted in case of no punch detected. Any competitor having lost its SI (stick finger) will not be ranked.

Art 12. Lost or damaged equipment

All damaged lent equipment from the organizer (stick finger, kayak, life jacket, paddle, ...) must be brought back to the start location or the activity checkpoint or the competitor will be charged.

Each competitor is responsible for their own equipment and the organizer will not be responsible in case of theft or loss.

Art 13. Data protection and copyright

Participation to the GRAAL does not provide any right on the event's copyright and implies the acceptance of any and all use of the competitor's image during the race, as well as the denial of all right to appeal against the organizer and its registered partners for use of image or email address. Each participant authorises without reservation the organizer and partners to communicate the aforementioned image or email address in the context of information with pictures and images collected during the event. Following law nb 78-17 « informatique et liberté » from the 6th January 1978, the participant has the right to access (art.34 - 38) and remove (art.26) personal data by contacting the organizer and/or its partners. Similarly, the participant is free to request the removal of their email address from the organizer's database.

The organizer: Wapiho Lausanne, 11th July 2021



